## LIOSTASISPA

### FACIALS

SENSI

35′ | 70€

A gentle facial ideal for sensitive or irritated skin. Patented marine actives and probiotics help soothe, strengthen, and restore balance to the skin, leaving it feeling calm and refreshed.

TONE

55′ | 90€

A firming facial designed to tone and sculpt. Marine ingredients and a sculpting mask lift the skin, while targeted massage enhances facial contours and softens the appearance of fine lines.

FOCUS

55′ | 90€

A tailored facial designed for men's skin, using a dedicated professional line. Marine minerals and oxygen help energise and hydrate, while targeted massage softens tension and supports skin resilience. Ideal for dryness, dullness, and early signs of fatigue.

TRACE

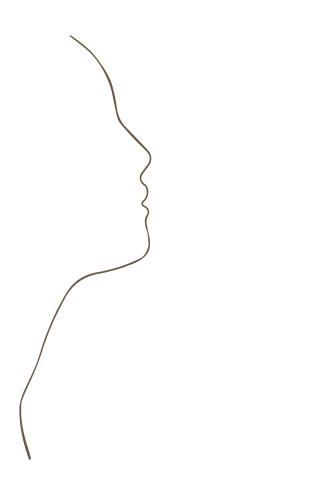
60′ | 110€

Our signature facial, ideal for those seeking deep skin nourishment. A dual marine mask and a gel rich in II2 oceanic trace elements help replenish hydration and improve overall skin radiance.

VITAL O<sub>2</sub>
70' | 130€

An oxygen-infused treatment that promotes healthy circulation, smooths texture, and encourages cell renewal. Especially effective for softening fine lines and restoring brightness to the skin.





### RITUALS

RENEW

40′ | 70€

A gentle, full-body ritual designed to refresh and soften the skin. Natural exfoliation removes dull surface cells, followed by deep hydration to leave the skin feeling smooth and renewed.

PURIFY

50′ | 85€

A cleansing and hydrating experience. Warm steam opens the pores, followed by a light exfoliation and nourishing body butter application. The skin is left feeling clean, moisturized, and restored.

DETOX

85′ | 135€

A grounding ritual that helps eliminate toxins and release tension. Mineral-rich sea mud cleanses the skin, while a lymphatic massage supports circulation and relieves swelling and heaviness in the body.

### MASSAGES

RELAX

60′ | 85€

A calming, full-body massage using long, flowing strokes and light to medium pressure. Designed to ease tension and promote a deep sense of relaxation, both physically and mentally.

AROMA

60′ | 90€

An aromatic massage tailored to your needs — choose from blends for detox, clarity, balance, or renewal. The use of essential oils, combined with gentle pressure, helps calm the nervous system and uplift the senses.

**FLOW** 

60′ | 95€

A grounding treatment inspired by the Cyclades. Warm olive oil and native herbs are gently massaged into the body, releasing tension while their subtle aromas calm the senses.



#### **DEEP TISSUE**

30′ | 70€ 60′ | 100€

A focused massage that works into the deeper layers of muscle. Ideal for relieving tightness, improving circulation, and restoring natural movement.

MAGNESIUM

55′ | 85€

Medium-pressure strokes paired with magnesium oil help ease muscle fatigue and support nervous system recovery. The oil absorbs deeply, helping the body feel more relaxed and rebalanced.

BACK RELIEF

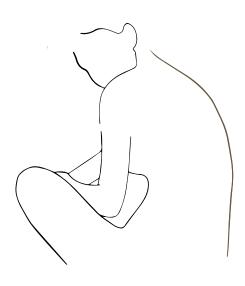
30′ | 60€

A targeted massage for the back, shoulders, and neck. Slow, steady movements release tension, restore flexibility, and leave the body feeling lighter and more at ease.

HEAD RELIEF

30′ | 50€

Focused pressure points ease mental tension and facial stress. A light, grounding treatment that clears the mind and soothes the senses. Ideal on its own or as an add-on.



### WELLNESS PACKAGES

### HONEYMOON 125′ | 310€ (for both)

A shared wellness journey designed for connection and calm.

- Jacuzzi & Steam Room 30'
- Flow Massage 60'
- Sensi Facial 35'

### RECOVERY 90' | 100€

A cooling and restorative reset for the body.

- Steam Room & Ice Bath Intervals 35'
- Magnesium Massage 55'

### BALANCE 100' | 150€

A grounding experience that blends deep facial care with aromatic massage.

- Trace Facial 60'
- Aroma Massage 40'

### THERMAL SESSION 30' | 30€

Access to the steam room, jacuzzi, and ice bath. Ideal before treatments or as a standalone reset.

Product Brands
BIOAROMA / THALION

Consulting Services
AQUA INTEGRA

# glow

### SPA ETIQUETTE

### Treatment Preparation

We recommend arriving I5' prior to your scheduled treatment, allowing time to complete your health questionnaire, unwind, and relax your muscles.

### Cancellation Policy

We kindly ask for a minimum of a 4-hour notice for any cancellations.

Cancellations made within 4 hours of the appointment will be subject to the full charge of the treatment booked.

### Health Conditions

Please inform us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

### Spa Environment

To maintain a peaceful atmosphere, we kindly ask that you refrain from smoking and set your mobile phone to silent mode while in or around the spa areas.

The minimum age for spa treatments is 16 years.

Parental consent is required for guests under the age of 18.

### **Valuables**

The spa accepts no responsibility for the loss of valuables at any time.

We kindly recommend leaving your valuables in your room.

### Off-spa Treatments

Our body massage rituals are available at your privacy of yacht or villa. An additional charge will apply for off-site treatments.

### LIOSTASISPA

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