

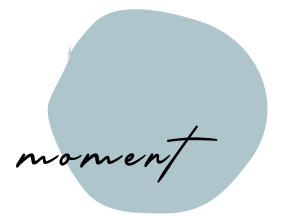


LIFESTYLE **SPA**

LIOSTASI **SPA**

LIOSTASI SPA and ARIADNE ATHENS set the standards high, aspiring to provide a premium skin care experience with a focus on deep relaxation, rejuvenating balance and harmony.

Merging unique bioactive compounds with organic and often rare Greek and Mediterranean ingredients and inspired by the natural elements of Ios, the award-winning spa brand Ariadne Athens proposes therapies that aim to rebalance and renew, from inside out.



FACE EXPERIENCES

CITRUS BLISS - MULTIVITAMIN ENERGIZING FACIAL

60' | 90.00€

A facial mask, highly concentrated in antioxidants and formulated with a proprietary multi-vitamin complex from kumquat and fresh fruit, prevents the skin from signs of premature ageing, caused by sun exposure or any other environmental stressors and rejuvenates dull-looking skin.

LUNAR GRACE - ANTI-AGEING FACIAL

60' | 110.00€

Specifically designed to target dullness, dryness and sagging, the use of precious gemstones helps reduce fine lines and wrinkles, supports thin, fragile skin and increases elasticity and firmness.

SKIN REBIRTH

60' | 110.00€

A high-performance, all-in-one treatment that reduces the look of fine lines and wrinkles. The use of a signature gel product, infused with the healing effects of al-kanna tinctoria root and its multiple anti-ageing, anti-oxidant and anti-inflammatory properties deeply moisturizes and improves the skin's overall appearance.

GLASS SKIN FACIAL WITH OXYGEN DOME

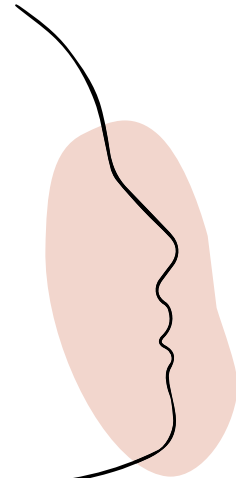
75' | 120.00€

A revolutionary treatment using a hyperbaric chamber that provides oxygen and anions directly into a dome at high concentrations, offering numerous skin benefits. The treatment concludes with a vitamin C brightening peel-off facial mask, providing immediate radiance and glow. The anions and oxygen from the chamber help reduce signs of ageing, heal damaged cells, detoxify the skin and rebalance its PH levels.

MEN'S FACIAL - AGELESS SKIN

45' | 80.00€

Empowered by the precious benefits of acorn flour, this treatment targets dullness, dryness and wrinkles and helps repair and rejuvenate the skin, promoting its natural anti-ageing properties.



journey

MASSAGES

AROMATIC JOURNEY

60' | 85.00€ 90' | 110.00€

Unwind and destress with this aromatic treatment by choosing the essential oils that suit your personal needs. This massage technique uses light to moderate pressure and the blend of essential oils to melt away tension.

DEEP TISSUE

30' | 50.00€ 60' | 90.00€ 90' | 115.00€

Tailor-made to target specific areas of muscle tension and soreness with a series of intensive techniques to increase circulation, heal and restore balance to the body and nervous system.

MELTING SENSATION CANDLE MASSAGE

60' | 85.00€

The specially-designed soy wax is heated and slowly turned into liquid oil, deeply penetrating the skin's surface and releasing delicate aromas. Feel the scented warm drops touch the skin and a soothing massage moisturizing and calming the body. A unique experience of aromatherapy, relaxation and rejuvenation.

| Ideal for couples

MINI RITUALS

RADIANT FACE

30' | 60.00€

A combination of deep cleansing enzymatic peel that gently removes dead skin cells and a naturally-scented wild rose oil that replenishes the skin through a nourishing facial massage, offering intense hydration and multiple anti-ageing benefits.

URBAN ESCAPE

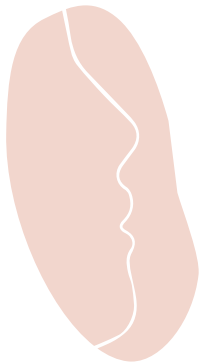
40' | 65.00€

This treatment focuses on releasing tension from the back, neck and shoulders. The brown sugar, mocha-scented crystals gently buff away dry skin cells revealing a soft and smooth skin. The skin is then moisturized with oils infused with chocolate and orange peel, promoting a suppler and more radiant look.

CONFETTI RAINFALL SHOWER

30' | 55.00€

A full body exfoliation treatment, fast and invigorating. Delicate white sugar crystals softly remove dead skin cells and promote blood circulation. The skin regains its elasticity and smoothness, while the jasmine and gardenia body butter used seals in all the moisture and nourishment.



RITUALS

THE LIOSTASI ESSENCE

60' | 90.00€

An aromatic journey in the Greek nature with a combination of cleansing rosemary, antioxidant dittany and nourishing sesame oil, imbued in healing olive oil, offering the skin the ultimate care it needs. The ritual begins with a deep body scrub enriched with olive kernel grains, preparing your skin for the relaxing, yet invigorating massage that follows.

BOTANICAL VOYAGE

105' | 125.00€

A targeted treatment designed to enhance the body's natural lymph detoxifying mechanisms, starting with a steam room session and followed by a revitalizing exfoliation using black pepper and rosemary. Next, a cleansing body mask, imbued with basil and lemongrass, purifies and hydrates while a targeted massage with dittany oil, saffron, ivy, green tea and grapefruit, protects and firms the skin, ultimately offering a healthy and radiant appearance.

WINE HARVEST

90' | 125.00€

Inspired by the vineyards of Greece, this relaxation experience releases and calms both the body and mind. Olive kernels, red grape and rose petals indulge the skin in a soft body scrub followed by a nutritious, hydrating mask with bergamot, yogurt and honey and an aromatherapy massage with warm candles.
| Ideal for couples

UNDER THE SUN

45' | 70.00€

The ultimate after-sun care. The refreshing properties of sea water and the calming benefits of acorn flour are combined to help restore skin moisture, while the hydrating mask of Greek yogurt, cucumber, water lily and aloe offers a regenerating action and improves the skin's overall appearance.





JET LAG RECOVERY

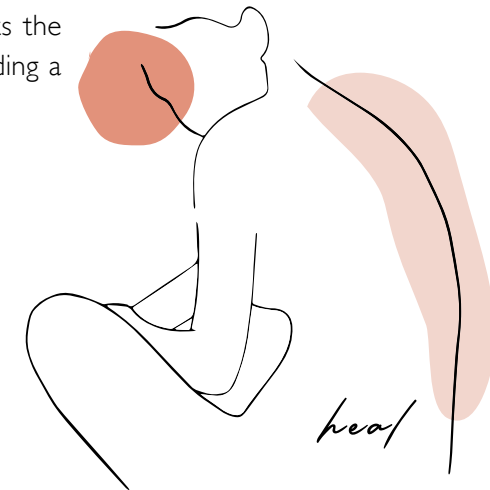
80' | 115.00€

With the aim to help restore the body's natural biorhythms, the treatment starts with a mocha-citrus scrub that leaves the skin silky soft, followed by a restorative massage combined with targeted stretching techniques. Finally, the cooling sensation of spearmint mingles with the refreshing notes of grapefruit to slowly stimulate the blood flow.

SANTORINI LAVA TOUCH

75' | 110.00€

A supercharged body treatment based on the supreme power of Santorini's volcanic lava clay which fights cellulite and stimulates blood flow. Combining a plethora of active ingredients such as algae, basil and cinnamon, this treatment promotes the activation of the lymphatic system and decongests the body, while the wrapping technique applied, helps firm and tone, providing a smoother skin appearance.



WELLNESS PACKAGES

BRIDAL PACKAGE 185' | 210.00€

- Jacuzzi and Steam Room 30'
- Confetti Rainfall Shower 30'
- Glass Skin facial with Oxygen Dome 75'
- Liostasi Manicure 50'

GROOM PACKAGE 195' | 215.00€

- Jacuzzi and Steam Room 30'
- Deep Tissue Massage 60'
- Men's Facial - Ageless Skin 45'
- Liostasi Pedicure 60'

HONEYMOON PACKAGE 120' | 280.00€ (for both)

- Jacuzzi and Steam Room 30'
- Melting Sensation Candle Massage 60'
- Radiant Face 30'

STEAM ROOM & JACUZZI 30' | 20.00€

BEAUTY SALON

Hand & Foot Care

Liostasi Manicure	50' 30.00€
Liostasi Pedicure	60' 40.00€
Soak-off Manicure	60' 35.00€
Soak-off Pedicure	60' 45.00€
File & Nail Polish	20' 20.00€

Hair Removal

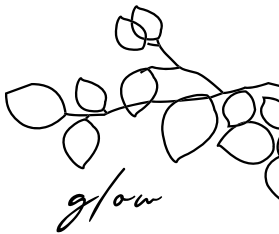
Lip / Chin / Under Arm	15' 10.00€
Eye Brow Shaping	15' 10.00€
Half Leg	15' 20.00€
Full Leg	30' 30.00€
Half Arm	15' 15.00€
Full Arm	20' 20.00€

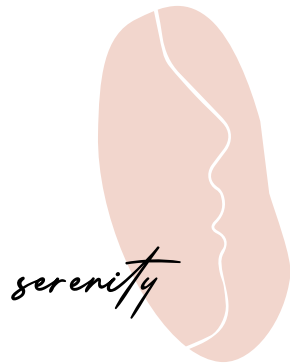
Men's

Back	20.00€
Chest	20.00€
Back & Chest	30.00€

Make-up Services

Professional Make-up	50.00€
Professional Bridal Make-up (with trial)	170.00€





SPA ETIQUETTE

Treatment Preparation

We recommend that you arrive 15' prior to your scheduled treatment, allowing time to complete your health questionnaire, loosen and relax your muscles.

Cancellation Policy

We kindly ask you to give a minimum of a 4-hour cancellation notice. Cancellations made within 4 hours will be subject to the full charge of the treatment booked.

Health Conditions

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

Spa Environment

Please refrain from smoking and turn your phone off or to silent setting while in or around the Spa areas.

The minimum age for taking a spa treatment is 16 years.

Parental consent is required for guests under the age of 18.

Valuables

The Spa accepts no responsibility for loss of valuables at any time within the spa premises. You are kindly requested to leave your valuables in your room.

Off-spa Treatments

Our body massage rituals are available at your privacy of yacht or villa.

An extra charge on the price will be applied.

LIOSTASI SPA

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